OPMASSIVE
SUPPLEMENTS

HAVE YOU GOT WHAT IT TAKES TO MAKE THE SPARTAN 500 CLUB?

SPARTAN WARRIORS WERE RENOWNED FOR THEIR SHEER STRENGTH & POWER, IF YOUR 1 REP MAX FOR BENCH PRESS, DEAD LIFT & SQUAT = 500KG OR MORE GET YOUR STATS ON THE TABLE BELOW AND DISPLAY YOUR WORTHINESS, PREPARE FOR GLORY!!!

NAME	SQN/UNIT	BENCH	DEAD LIFT	SQUAT	TOTAL
LEONIDAS	SPARTA	160KG	180KG	200KG	540KG

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PREPARE FOR GLORY